

July 29, 2020

Dear Resident & Applicable Parties,

As you are aware from my previous letters, we were directed on June 26<sup>th</sup> to complete universal baseline testing and create a facility specific re-opening plan. This 3-step plan will allow us to cautiously and structurally begin reopening our facility in a safe and organized way. The guidance for which we created the enclosed plan was based on instruction from The Department of Human Services and in line with recommendations from the Department of Health. This enclosed plan for your review will also be posted on our website at [www.themeadowsdallas.com](http://www.themeadowsdallas.com).

Please take the time to review the enclosed plan in its entirety and share with your family or friends that plan to visit in the future. As you can imagine, our goal is the health and safety of our residents and staff. We need your cooperation to ensure everyone remains safe.

As you already know, we are scheduled to perform our universal baseline testing on Tuesday August 4<sup>th</sup> & Wednesday August 5<sup>th</sup>. With those dates scheduled, we are tentatively planning to enter step 1 on Monday August 10, 2020. As described in the pages forthcoming, visitation will be allowed in step 2. Our tentative date for entering step 2 is set for August 25<sup>th</sup>. Please note that if any changes are advised by Department of Human Services; Department of Health or Governor's Wolf's phased re-opening plan this could affect our plans and visitation rules. We will continue to keep you up to date as we move through this process.

Please keep in mind all you can do to keep yourself and others safe during these most difficult of times. Should you have any questions, please reach out to us at anytime and check our website for any updates.

Best wishes & stay safe,

Melissa Margotta, PCHA

## The Meadows Manor Reopening Implementation Plan

### 1) Section 1 - Testing:

- Universal Baseline Testing scheduled to be completed in conjunction with Geisinger Lab on Tuesday August 4, 2020 and Wednesday August 5, 2020.
- In order to have access to testing supplies in a timely fashion when and if needed moving forward, The Meadows Manor has partnered with several labs. Geisinger Lab; Commonwealth Lab and Dr. Ibrahim Almecky Ultra Care Urgent & Family Care.
- The Meadows Manor will continue to seek opportunities to expand agreements with other labs as conditions or regulations are modified or updated.
- Testing now or as needed in the future could include non-essential staff and volunteers through our designated labs.
- Per our company wide testing policy:  
**For Staff refusing testing:** asymptomatic staff may refuse to be tested. However, based on their risk of exposure, community spread, and staffing needs, in general, staff persons refusing testing shall not care for residents in unexposed (Green) Zones. If these staff develop symptoms consistent with COVID-19 testing is mandatory as per the Return to Work Guidelines and the staff person shall be excluded from work.
- Per our resident informed consent:  
**For Residents/Resident representatives refusing testing:** asymptomatic residents or representatives on behalf of them may refuse to be tested. If they decline to be tested, we will move them to a Red/Yellow zone for 14-days of observation. Should a resident begin showing any signs/symptoms testing is strongly recommended and testing consent will immediately be revisited with the resident or responsible party.
- Should the facility have positive case(s) of COVID-19; weekly testing will be instituted until there are no more positive cases. At that time, mandatory weekly testing for all staff is a condition of employment.

### 2) Section 2 – Cohorting:

- The Meadows Manor has developed an area within the existing facility that addresses the PA-HAN 509. It houses 3 “Red” Zone Rooms; 2 “Yellow” Zone Rooms and 1 staff utility/supply room.
- The facility will comply with all policies set forth regarding infection control and the care of residents within these areas.

### 3) Section 3 – Screening Protocols & PPE (Personal Protective Equipment):

- In conjunction with established policies: (available upon request)
  - a. Staff members are screened twice a day; upon arrival for their shift and when departing from the end of their shift
  - b. Resident are screened twice a day (7-3 & 3-11 shifts)
  - c. Healthcare Professional Visitors are screened through the front entrance only and screened immediately upon arrival.
  - d. Deliveries are only accepted when scheduled and include contactless delivery outside of the building or in a foyer.

- PPE (Personal Protective Equipment) is monitored by the Administrator and Administrative Assistant on a weekly basis. At this time, during any ordering additional supplies as available are purchased and stored.

4) **Section 4 – Staffing:**

- The Meadows Manor will continue to recruit for any open positions as needed throughout this time frame and in the future.
- The Meadows Manor is not currently nor has it been at any point on a contingency staffing plan.
- Additional ancillary staff members currently employed have been trained as direct care staff members to assist if needed moving through this time and into the future.

5) **Section 5 – Dining:**

- Once we enter step 1 of our reopening plan (projected for August 10, 2020), communal dining will be allowed with adequate social distance; universal masking and hand hygiene.
- Only residents residing in our “Green” or Neutral zones will be allowed to attend communal dining.
- Dietary staff members will be responsible to document attendance of communal dining.

6) **Section 6 – Activities:**

- Once we enter step 1 of our reopening plan (projected for August 10, 2020), small group activities with no more than 5 residents will be allowed with adequate social distance; universal masking and hand hygiene.
- Only residents residing in our “Green” or Neutral zones will be allowed to attend communal activities.
- The Activities staff member will document all group programs and attendance.

7) **Section 7 – Visitation:**

- Visitation will be allowed to take place by appointment only once The Meadows Manor enters Step 2 of our reopening plan. (Projected for August 24, 2020)
- Visitation hours will be: Monday through Friday 9am-4pm. Visitation must be scheduled through Amy Belles of our activities department. **Weekend visitation will only be allowed at the discretion of the Administrator and scheduled through the Activities Department. (Amy Belles) Weekend visitation will only be accommodated with a 3-day advanced notice.**
- We have designated our outdoor patio as our visitation area. This designated area will include a registration/screening desk and sanitation area and 3 clearly defined visitation spaces set up for adequate social distancing and provides coverage from the weather.
- If necessary, during extreme weather conditions visitation may be accommodated inside our facility. We have designated the dining room which is a “green” neutral zone of the facility. Visitors would still be required to enter through the patio entrance and complete the screening and hygiene process.
- Guests are to park in the rear parking lot and enter the patio through the rear gated entry way. Guests will immediately stop at the registration area to be screened accordingly. Temperatures will be taken upon arrival and masks are required to be worn for the duration of the visit and must cover the mouth AND nose. Hand sanitizer will be provided and will be required to use upon arrival and departure.

- Each guest will be required to fill out a visitor screening form and pass the screening in order to host the visit.
- Virtual/Window visits will still be available including Skype, Facetime, Google Duo or Zoom
- In order to maintain appropriate social distancing and guidelines, no more than 3 resident visitations may happen simultaneously. Furthermore, no more than 2 adults OR 1 adult/1 child may visit at one time.
- Children are permitted to visit when accompanied by an adult visitor. Adult visitors must be able to manage children and children older than 2 years of age must wear a facemask during the entire visit. Children must also maintain strict social distancing.
- Prioritization for schedule visitation will be offered to residents with diseases that cause cognitive decline (e.g., Alzheimer's disease) and residents expressing feelings of loneliness.
- Residents who are able to comply will wear a mask the entirety of the visit.
- Visitation areas will be cleaned with an EPA-registered disinfectant in between visits.
- Anyone attempting to visit above the allotted threshold of visitors; not adhering to social distancing or masking guidelines will no longer be permitted to visit.

**8) Section 8 – Criteria for Advancing to and Regressing from Next Step**

**\*Taken from Department of Human Services Guidance\***

The following criteria will be applied to determine movement among steps of the reopening process. Each time a facility moves from one step to another, the PCH or ALR must notify the Department's program office Regional Director. ICFs must notify ODP through RA-PWODPEMRGNCYSRQ@pa.gov

- 1) From the date the facility enters Step 1, if there is no new facility onset of COVID-19 cases for 14 consecutive days the facility may move to Step 2. If at any point during Step 1 (14 consecutive days) there is a new facility onset of COVID-19 cases the facility must cease Step 1 reopening and return to the previous guidance restrictions relating to visitors and dining, respectively. Moving back to the previous guidance described restarts the 14-day period. After the new 14-day period, if there is no new facility onset of COVID-19 cases the facility may reinitiate Step 1.
- 2) From the date the facility enters Step 1, if there is no new facility onset of COVID-19 cases for 14 consecutive days the facility may move to Step 2. If at any point during Step 2 (14 consecutive days) there is a new facility onset of COVID-19 cases the facility must cease Step 1 and Step 2 reopening and return to the previous guidance restrictions relating to visitors and dining, respectively. Moving back to the previous guidance and restarts the 14-day period. After the new 14-day period, if there is no new facility onset of COVID-19 cases the facility may reinitiate Step 1.
- 3) From the date the facility enters Step 2, if there is no new facility onset of COVID-19 cases for 14 consecutive days the facility may move to Step 3. If at any point during Step 3 there is a new facility onset of COVID-19 cases, the facility must cease Step 1, 2, and 3 reopening and return to the previous guidance restrictions relating to visitors and dining, respectively. Moving back to the previous guidance and restarts the 14-day period count. After the new 14-day period, if there is no new facility onset of COVID-19 cases the facility may reinitiate Step 1.
- 4) If a county in which a facility is located returns to the Red Phase, the PCH, ALR and ICF must return to the guidance previous guidance restrictions relating to visitors and dining, respectively. When the county moves back to the Yellow Phase, the facility may enter reopening again only when the prerequisites and requirements are also met.

Please note that at any time this plan could be altered or updated based on the recommendations or guidance from Department of Human Services; Department of Health or under order by the Secretary of Health and Governor Wolf.